



Beginner Reining Pattern Book

What is the Program about?

The Beginner Reining Program is specifically designed for riders who are interested in doing reining and have no idea where to start or riders that find the set patterns confusing, difficult, intimidating or simply a rider who wants to start with the basics before they decide if reining is for them and their horse. It is also ideal to start your young horse if you are not a trainer. The patterns run in order and start off with the basics and gradually increases in difficulty to develop the rider and horse team to master the different reining maneuvers. Your next step would be the NRHA Green Reiner Entry Level Program.

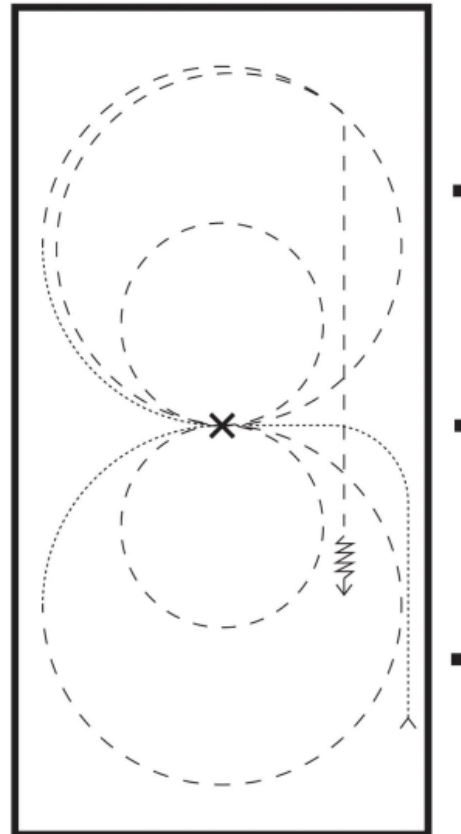
Even though, there is no membership required for the Beginner Reining, we encourage to join NRHA as an associated member, to secure reduced entry fees and be part of NRHA, learn more about the rules, events and affiliation.

Sign up on the NRHA website <https://nrha.com/join/> and email us your membership card – to ensure we have your membership on our database for any member benefits and communication to admin@nrhasouthafrica.co.za

BEGINNER REINING 1

Trotting at a steady speed, transitions, backing. Relaxed and without resistance.

- 1 Walk straight down the side of the arena
- 2 Stop in the center and stand
- 3 Walk a quarter large circle to the right, start to trot and continue to trot a large circle to the center, trot a small circle to the right, slow to a walk in the center
- 4 Walk a quarter large circle to the left, start to trot and continue to trot a large circle to the centre, trot a small circle to the left.
- 5 Continue trotting a large circle to the right, but do not complete the circle. Trot along the side of the arena, at least 6 meters from the edge past center marker and stop.
- 6 Back at least 1 meter



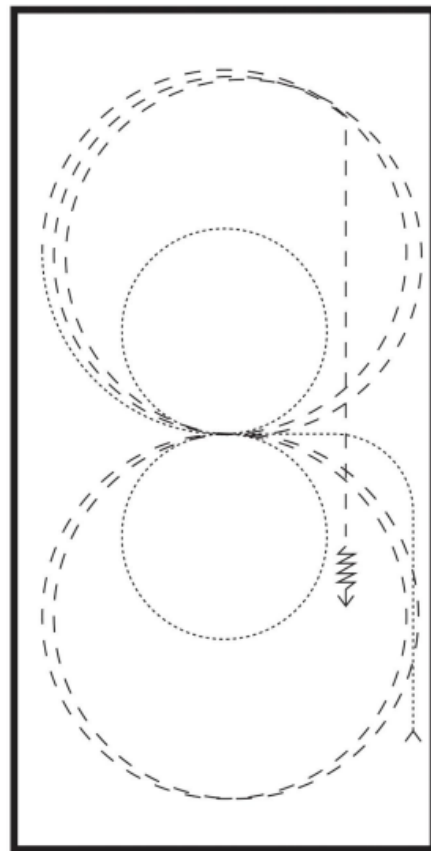
- walk
----- trot
X stop
- - - - - back up



BEGINNER REINING 2

Trotting at a steady speed, transitions, backing. Relaxed and without resistance.

- 1** Walk straight down the side of the arena, turn and walk to the center.
- 2** Walk a small circle to the right, then walk a small circle to the left.
- 3** Continue walking a quarter of a circle to the right then pick up the trot, trot two large circles to the right
- 4** At the centre start trotting two large circles to the left.
- 5** At the center, continue to trot a big circle to the right but do not complete the circle . Trot along the side of the arena, at least 6 meters from the edge past the center marker and stop.
- 6** Back at least 1 meter



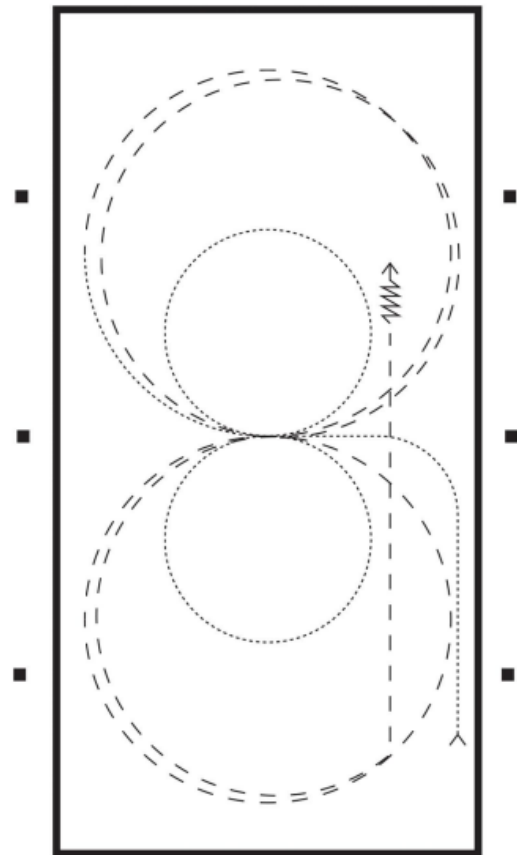
..... walk
----- trot
-/-/-/-/- back up



BEGINNER REINING 3

Trotting at a steady speed, transitions, backing. Relaxed and without resistance.

- 1** Walk straight down the side of the arena, turn and walk to the center.
- 2** Walk a small circle to the left, then walk a small circle to the right.
- 3** Continue walking a quarter of a circle to the right then pick up the trot, trot two large circles to the right
- 4** At the center, start trotting a large circle to the left.
- 5** At the center, continue to trot a big circle to the left but do not complete the circle . Trot along the side of the arena, at least 6 meters from the edge past center marker and stop
- 6** Back at least 1 meter. Stop, stand still without movement for at least 5 seconds.



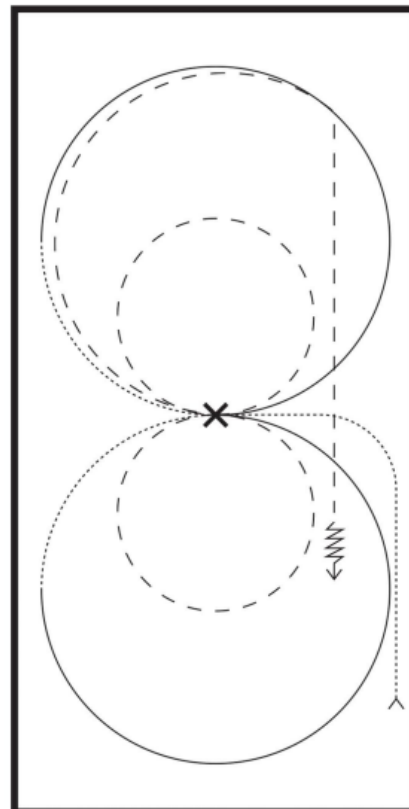
..... walk
----- trot
-/-/-/-/- back up



BEGINNER REINING 4

Trot and lope with steady speed, transitions, backing.
Relaxed, even speed and without resistance.

- 1** Walk straight down the side of the arena, turn and walk to the center.
- 2** Stop and stand in the centre for at least 5 seconds.
- 3** Walk a quarter large circle to the right and pick up the right lead to complete the circle. Break to a trot at the center and trot a small circle to the right. Break to a walk in the center.
- 4** Walk a quarter large circle to the left and pick up the left lead to complete the large circle. Break to a trot at the center and trot a small circle to the left.
- 5** Continue trotting a large circle to the right, but do not complete the circle. Trot along the side of the arena, at least 6 meters from the edge past center marker and stop.
- 6** Back at least 1 meter. Stop, stand still without movement for at least 5 seconds.



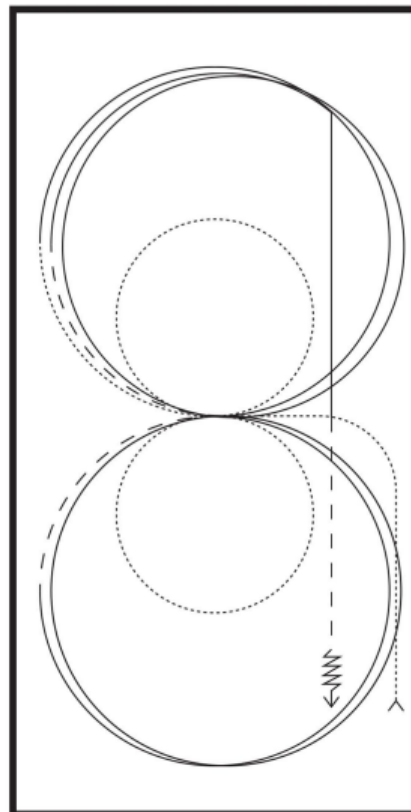
- walk
----- trot
———— lope
X stop
~~~~~ backing up



## BEGINNER REINING 5

Walk, trot and lope with steady speed, transitions, backing.  
Relaxed, even speed and without resistance.

- ❶ Walk straight down the side of the arena, turn and walk to the center.
- ❷ Walk a small circle to the right. Walk a small circle to the left.
- ❸ Walk a quarter large circle to the right and pick up the right lead lope complete two large circles to the right.
- ❹ At the center break to the trot and trot a quarter of a large circle to the left and pick up the left lead lope to complete two large circles to the left.
- ❺ At the center break to the trot and trot a quarter of a large circle to the right, pick up the right lead lope, but do not complete the circle.  
Continue to lope along the side of the arena, at least 6 meters from the edge. At the center marker, break to the trot and trot past the end marker and stop.
- ❻ Back at least 1 meter. Stop, stand still without movement for at least 5 seconds.



- ..... walk  
----- trot  
———— lope  
X stop  
⋈ back up

Walk, trot and lope with steady speed, transitions, backing. Relaxed, even speed and without resistance.

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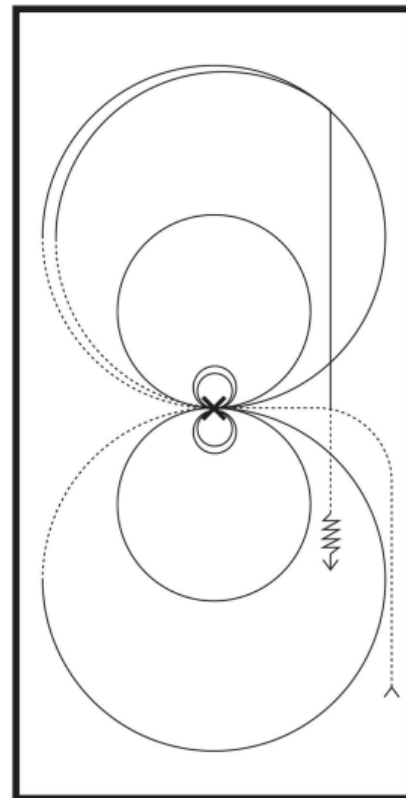


## BEGINNER REINING 7

Walk, trot and lope with steady speed, transitions, backing and spins.

Relaxed, even speed and without resistance.

- 1** Walk straight down the side of the arena, turn and walk to the center.
- 2** Complete 2 spins to the left and stand in the center for 5 seconds
- 3** Complete 2 spins to the right and stand in the center for 5 seconds.
- 4** Walk a quarter large circle to the right and pick up the right lead lope to complete 1 large fast circle and 1 small slow circle. In the center break to a walk.
- 5** Walk a quarter large circle to the left and pick up the left lead lope to complete 1 large fast circle and 1 small slow circle. In the center break to a walk.
- 6** Walk a quarter large circle to the right and pick up the right lead lope but do not close the circle. Continue to lope at least 6 meters from the side of the arena. Break to a walk at the center marker and walk 3 meters and stop.
- 7** Back at least 2 meters. Stop, stand still without movement for at least 5 seconds.



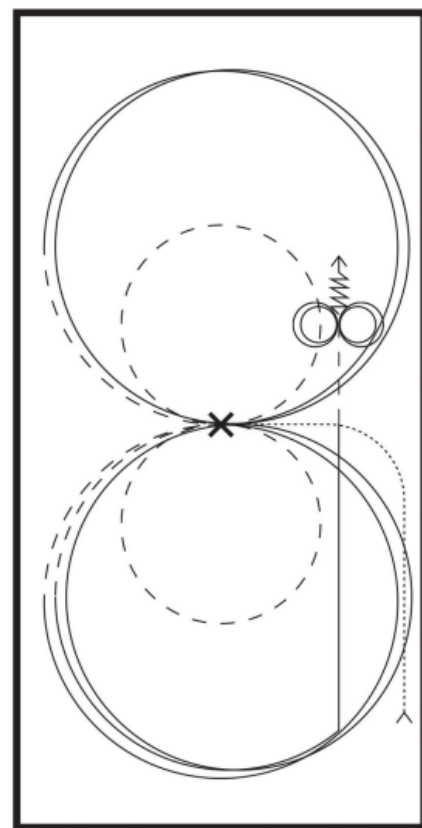
|       |         |
|-------|---------|
| ..... | walk    |
| ----- | trot    |
| ————  | lope    |
| X     | stop    |
| ⚡     | back up |
| ○     | spin    |



## BEGINNER REINING 8

Walk, trot and lope with steady speed, transitions, backing and spins.  
Relaxed, even speed and without resistance.

- ❶ Walk straight down the side of the arena, turn and walk to the center.
- ❷ Trot a small slow circle to the left then trot a small slow circle to the right.
- ❸ Trot a quarter large circle to the left and pick up the left lead lope to complete 2 large fast circles to the left. In the center break to a trot.
- ❹ Trot a quarter large circle to the right and pick up the right lead lope to complete 2 large fast circles to the right. In the center break to a trot.
- ❺ Trot a quarter large circle to the left and pick up the left lead lope but do not close the circle. Continue to lope at least 6 meters from the side of the arena. Break to a trot at the center marker and trot 3 meters and stop. Back at least 2 meters and stand without movement for 5 seconds.
- ❻ Complete 2 spins to the left and stand
- ❼ Complete 2 spins to the right and stand



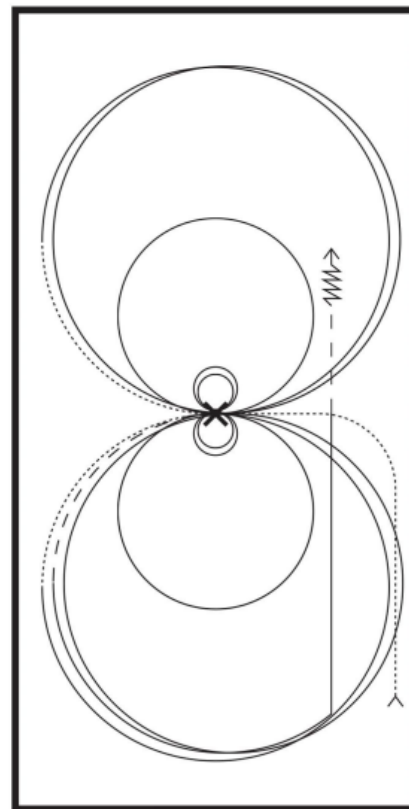
- |       |         |
|-------|---------|
| ..... | walk    |
| ----- | trot    |
| ————  | lope    |
| X     | stop    |
| ⋈     | back up |
| ○     | spin    |



## BEGINNER REINING 9

Walk, trot and lope with steady speed, transitions, backing and spins.  
Relaxed, even speed and without resistance.

- ❶ Walk straight down the side of the arena, turn and stop in the center.
- ❷ Walk a quarter large circle to the left and pick up the left lead lope to complete 2 large fast circle to the left. In the center start to do a small slow circle to the left. Stop at the center.
- ❸ Complete 2 spins to the left and stand
- ❹ Walk a quarter large circle to the right and pick up the right lead lope to complete 2 large fast circles to the right. In the center start to do a small slow circle to the right. At the center stop.
- ❺ Complete 2 spins to the right and stand
- ❻ Trot a quarter large circle to the left and pick up the left lead lope but do not close the circle. Continue to lope at least 6 meters from the side of the arena. Break to a trot at the center marker and trot 3 meters and stop.
- ❼ Back at least 2 meters and stand without movement for 5 seconds.



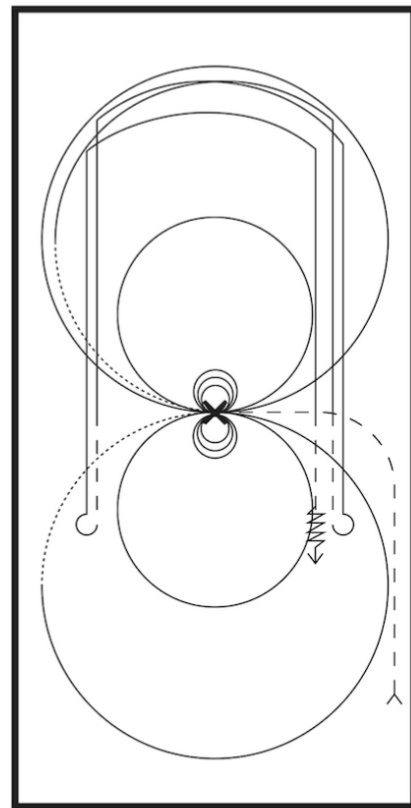
|       |         |
|-------|---------|
| ..... | walk    |
| ----- | trot    |
| ———   | lope    |
| X     | stop    |
| ⚡     | back up |
| ○     | spin    |



## BEGINNER REINING 10

Walk, trot and lope with steady speed, transitions, backing and spins.  
Relaxed, even speed and without resistance.

- 1** Trot straight down the side of the arena, turn and stop in the center.
- 2** Complete 3 spins to the left and stand
- 3** Complete 3 spins to the right and stand
- 4** Pick up the right lead lope to complete 1 large fast circle to the right. In the center start to do a small slow circle to the right. At the center walk.
- 5** Walk a quarter large circle to the left and pick up the left lead lope to complete 1 large fast circle to the left. In the center start to do a small slow circle to the left. At the center break to a walk.
- 6** Walk a quarter large circle to the right and pick up the right lead lope but do not close the circle. Continue to lope at least 6 meters from the side of the arena. Break to a trot at the center marker and trot 3 meters and stop and do a left rollback.
- 7** Continue back around the previous circle on the left lead lope but do not close the circle. Continue to lope at least 6 meters from the side of the arena. Break to a trot at the center marker and trot 3 meters and stop and do a right rollback.
- 8** Continue back around the previous circle on the right lead lope but do not close the circle. Continue to lope at least 6 meters from the side of the arena. Break to a trot at the centre marker and trot 3 meters and stop. Back up at least 3 meters.



|       |         |
|-------|---------|
| ..... | walk    |
| ----- | trot    |
| ————  | lope    |
| ×     | stop    |
| ⋈     | back up |
| ◎     | spin    |

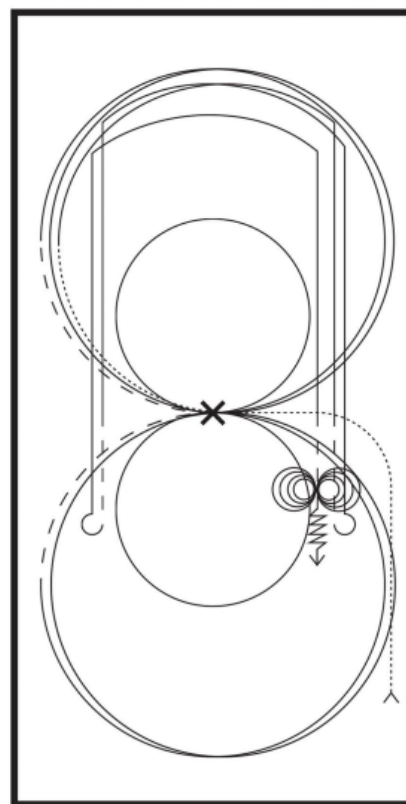


## BEGINNER REINING 11

Walk, trot and lope with steady speed, transitions, backing and spins.

Relaxed, even speed and without resistance.

- 1 Walk straight down the side of the arena, turn and stop in the center.
- 2 Trot a quarter of a large circle and pick up the right lead lope to complete 1 large fast circle to the right.  
In the center start to do a small slow circle to the right, at the center start to do a large fast circle to the right. At the center slow to a trot..
- 3 Trot a quarter of a large circle and pick up the left lead lope to complete 1 large fast circle to the left.  
In the center start to do a small slow circle to the left, at the center start to do a large fast circle to the left. At the center slow to a trot..
- 4 Walk a quarter large circle to the right and pick up the right lead lope but do not close the circle. Continue to lope at least 6 meters from the side of the arena. Break to a trot at the center marker and trot 3 meters and stop and do a left rollback.
- 5 Continue back around the previous circle on the left lead lope but do not close the circle. Continue to lope at least 6 meters from the side of the arena. Break to a trot at the center marker and trot 3 meters and stop and do a right rollback.
- 6 Continue back around the previous circle on the right lead lope but do not close the circle. Continue to lope at least 6 meters from the side of the arena. Break to a trot at the centre marker and trot 3 meters and stop. Back up at least 3 meters.
- 7 Complete 4 spins to the left and stand
- 8 Complete 4 spins to the right and stand



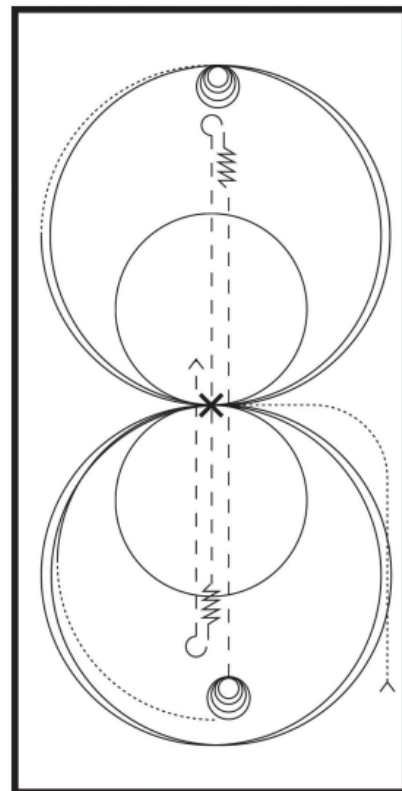
|       |         |
|-------|---------|
| ..... | walk    |
| ----- | trot    |
| ————  | lope    |
| X     | stop    |
| ⋈     | back up |
| ⊙     | spin    |



## BEGINNER REINING 12

Walk, trot and lope with steady speed, transitions, backing and spins.  
Relaxed, even speed and without resistance.

- 1** Walk straight down the side of the arena, turn and stop in the center.
- 2** Pick up the left lead lope to complete 2 large fast circles to the left. In the center start to do a small slow circle to the left. Continue on the left lead but at the centre start a quarter large circle to the right. At the end marker break to a walk and stop in the center at the end of the arena.
- 3** Complete 4 spins to the right and stand
- 4** Pick up the right lead lope and complete 1 and a half large fast circles to the right. In the center start to do a small slow circle to the right. Continue on the right lead lope but at the centre start a quarter large circle to the left. At the end marker, break to a walk and stop in the center at end of the arena.
- 5** Complete 4 1/4 spins to the left and stand
- 6** Lope down the center of the arena past the end marker and stop. Back up 1m and do a left rollback.
- 7** Lope down the center of the arena past the end marker and stop. Back up 1m and do a right rollback.
- 8** Lope down the center of the arena past the center marker and stop. Stand for 5 seconds



|       |         |
|-------|---------|
| ..... | walk    |
| ----- | trot    |
| ————  | lope    |
| X     | stop    |
| ⏮     | back up |
| ⊙     | spin    |